



**skydive**  
**jump log** *Kansas*

## This book belongs to...

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### USPA.org

membership number:

expiration date:

### Online Ground School

<http://learn.skydivekansas.com>

username:

password:

### Schedule a jump

[www.skydivekansas.com/schedule](http://www.skydivekansas.com/schedule)

> solo students login link

username:

password:

### Other Links

[www.EducationalFoundationForSkydivers.org](http://www.EducationalFoundationForSkydivers.org)

<http://jump.skydivekansas.com>

## PTANDEMone

ground	exit	freefall	canopy
<input type="checkbox"/> Aircraft & Exit Safety	<input type="checkbox"/> Bombout	<input type="checkbox"/> Continuous Freefall <input type="checkbox"/> General Awareness	<input type="checkbox"/> Assist with Descent
<input type="checkbox"/> Airport Orientation, Runway & Approach Recognition <input type="checkbox"/> Canopy Handling & Descent Strategy	<input type="checkbox"/> Bombout with Arch <input type="checkbox"/> Aware of Relative Wind <input type="checkbox"/> Use Arch to Recover from Instability if necessary	<input type="checkbox"/> Altitude & Heading Awareness <input type="checkbox"/> Relax, Arch, Neutral <input type="checkbox"/> Practice Throws Intro <input type="checkbox"/> Actual Pull <input type="checkbox"/> Coordinated Practice Throws <input type="checkbox"/> Heading Practice <input type="checkbox"/> Actual Pull	<input type="checkbox"/> Square Stable Steerable <input type="checkbox"/> Flare Practice at Altitude <input type="checkbox"/> Oversteer Awareness <input type="checkbox"/> Landing Pattern Altitudes

## NOTES

# ASSISTED WO

ground	exit	freefall	canopy
<input type="checkbox"/> Online Ground <input type="checkbox"/> Oral Quiz <input type="checkbox"/> Join USPA <input type="checkbox"/> Gear Up On Own <input type="checkbox"/> Watch Packing <input type="checkbox"/> Turn on AAD <input type="checkbox"/> Packing Introduction	<input type="checkbox"/> Relaxed & Correct <b>Setup</b> <input type="checkbox"/> Clear Count & Smooth <b>Launch</b> <input type="checkbox"/> Stable <b>Flyaway</b> in Relative Wind on the Hill	<input type="checkbox"/> COA:Altitude <input type="checkbox"/> COA:RAN <input type="checkbox"/> COA:Heading <input type="checkbox"/> Coordinated Practice Throws <input type="checkbox"/> Stable with Free Arm <input type="checkbox"/> Stable Solo <input type="checkbox"/> Heading Maintenance Solo <input type="checkbox"/> Self Corrections	<input type="checkbox"/> Plan Canopy Pattern <input type="checkbox"/> Collapse/gather canopy <input type="checkbox"/> PLF if necessary <input type="checkbox"/> Minimal Radio Assistance <input type="checkbox"/> Oversteer Awareness @ 90°, 180°, & 360° <input type="checkbox"/> Adjustable Downwind <input type="checkbox"/> Adjustable Base Leg <input type="checkbox"/> S-turns on Final

ground	exit	freefall	canopy
<input type="checkbox"/> Airport Orientation, Runway & Approach Recognition <input type="checkbox"/> Canopy Handling & Descent Strategy	<input type="checkbox"/> <b>Setup</b> <input type="checkbox"/> <b>Launch</b> with head up <input type="checkbox"/> <b>Flyaway</b> with heading maintenance	<input type="checkbox"/> Right Turn SCS @ 90° <input type="checkbox"/> Left Turn SCS @ 90° <input type="checkbox"/> Right Turn SCS @ 180° <input type="checkbox"/> Left Turn SCS @ 180° <input type="checkbox"/> Forward Movement SCS <input type="checkbox"/> Forward Movement SCS holding heading within 30°	<input type="checkbox"/> Watching Traffic <input type="checkbox"/> Rear Riser Turns, brakes stowed @ 90°, 180°, & 360° <input type="checkbox"/> Flare Practice at Altitude <input type="checkbox"/> Rear Riser Turns, brakes unstowed @ 90°, 180°, & 360° <input type="checkbox"/> Landing Pattern Altitudes

## NOTES

# plCOACHthree

ground	exit	freefall	canopy
<input type="checkbox"/> gear check others <input type="checkbox"/> assemble 3 ring <input type="checkbox"/> connect/disconnect RSL	<input type="checkbox"/> Setup solo <input type="checkbox"/> Launch poised <input type="checkbox"/> Launch Hanging (optional) <input type="checkbox"/> Flyaway	<input type="checkbox"/> Barrel Roll <input type="checkbox"/> Back Loop <input type="checkbox"/> Front Flip	<input type="checkbox"/> Push Brake Turns <input type="checkbox"/> Up Brake Turns <input type="checkbox"/> Scissors Brake Turns <input type="checkbox"/> Actual PLF
<input type="checkbox"/> Change/adjust main closing Loop <input type="checkbox"/> Clear to pack for self	<input type="checkbox"/> Bombout <input type="checkbox"/> Hop & Pop Preview	<input type="checkbox"/> Forward Movement to Dock <input type="checkbox"/> Tracking 100 feet holding heading within 10°	<input type="checkbox"/> Self induced Line Twists <input type="checkbox"/> Collision Avoidance <input type="checkbox"/> Front Risers 90° right, left <input type="checkbox"/> Double Front Risers

## NOTES

ground	exit	freefall	canopy
<input type="checkbox"/> Cloud Clearance <input type="checkbox"/> Winds Aloft Chart <input type="checkbox"/> Weight & Balance <input type="checkbox"/> Spotting/Briefing Pilot	<input type="checkbox"/> Lay Base <input type="checkbox"/> Swoop <input type="checkbox"/> 2 way linked exit	<input type="checkbox"/> Up & Down movement <input type="checkbox"/> Forward movement to Dock with Up & Down Movement <input type="checkbox"/> 2 ways (various)	<input type="checkbox"/> Choose playground <input type="checkbox"/> Choose jumprun from Winds Aloft <input type="checkbox"/> Harness Leaning for crab correction <input type="checkbox"/> Big/Small body for Accuracy
<input type="checkbox"/> Personal Weather Limits <input type="checkbox"/> Calculate Wing Loading <input type="checkbox"/> Choosing Gear	<input type="checkbox"/> Hop & Pop (3,500 feet) <input type="checkbox"/> Swoop (>100 feet) <input type="checkbox"/> 2 to 4 way linked exit	<input type="checkbox"/> Arm Turns @ 90° 180° & 360° <input type="checkbox"/> Leg Turns @ 90° 180° & 360° <input type="checkbox"/> Center point Turns @ 90° 180° & 360° <input type="checkbox"/> Axes control within 60° <input type="checkbox"/> Touch all Handles	<input type="checkbox"/> 20 meters on 5 jumps <input type="checkbox"/> Fly downwind & base in ¾ brakes <input type="checkbox"/> Touch all Handles

JUMP NO.	DATE	PLACE	AIRCRAFT
EQUIPMENT	ALTITUDE	DELAY	TOTAL TIME
maneuvers	landing	wind direction	surface wind speed
<b>favorite</b>			
<b>positive</b>			
<b>improve</b>			
<b>goal</b>			
<b>future</b>			
SIGNATURE			

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